



# Trading the QQQ's

Earn 5% a Day Trading Options

DailyQTrader

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First things first:

How do you know where you're going if you don't have a map?

We suspect you are looking for long-term success on the market.

To do that, you need a plan. Map out your trading career.

Where do you want to be a month from now? Six months? A year?

Can you really turn \$5,000 into \$50,000 in one year trading the Q's?

Yes, absolutely you can.

You need a plan.

A spreadsheet that tracks your trades and your progress.

Personalize it. This is not a 'one size fits all' endeavor.

Make it realistic, attainable and reasonable.

Print off each month and manually enter the numbers.

Stay true to your plan and watch your account grow.

Note your challenges and successes.

Keep it handy to view several times a day... stay inspired.

<u>Date</u>	<u>Opening</u>	<u>Budget</u>	<u>Act Gain</u>	<u>Act Bal</u>	<u>Notes</u>
Mar. 23	1,600	100	118	1,718	
Mar. 24	1,700	100	141	1,841	
Mar. 25	1,800	100	-268	1,532	
Mar. 26	1,900	100	-114	1,786	
Mar. 27	2,000	100	358	2,358	
Mar. 30	2,100	100	115	2,215	
Mar. 31	2,200	100	120	2,320	
Apr. 1	2,300	100	341	2,641	
Apr. 2	2,400	100	421	2,821	
Apr. 6	2,500	100			
Apr. 7	2,600	100			
Apr. 8	2,700	100			
Apr. 9	2,800	100			
Apr. 10	2,900	100			

Trade only one stock  
QQQ:

There are thousands of stocks to trade, not to mention things like crypto, currency, futures, non-fungible tokens and who knows what.

You will only trade QQQ, the exchange-traded fund that tracks the Nasdaq 100, which consists of the top 100 stocks heavily weighted to the tech sector.

The Magnificent Seven stocks top the list, comprised of Alphabet (Google), Amazon, Apple, Meta (Facebook), Microsoft, Nvidia and Tesla, exceeding \$19 trillion in valuation. The other heavy weights follow.

Nasdaq stocks are generally overvalued and are the first to gain and lose value when market winds change. This volatility is what creates our wealth, as it will yours.

But instead of trading the stock, we trade the options on the stock.

Options are derivatives based on the underlying stock. Where the Q's go, the options follow. If you expect the stock to rise, you buy a 'call' option. If you expect it to drop, you buy a 'put' option.

All things being equal, these option prices will float depending on the value of the QQQ.

Options are contracts that expire. They give the options holder the right but not the obligation to trade the underlying stock for a certain price (strike price) by a certain date (expiration).

Factors further affecting the value of the options are volatility and theta (time) loss. Options lose value just because they exist. They expire and until they do, they lose time value. The closer they get to expiration, the faster they lose their time value.

We buy first, then sell both calls and puts. In that order.

No spreads, no naked positions, no ultra high-risk trading.

With the way we trade, you can only lose what you put into the trade. But you must follow the rules.

If you deviate, you could be liable for much, much more.

Options trading, like all trading, carries risk with it. This brief report is not designed to be a complete course, but we do outline some important risks in trading securities. You alone are responsible for all your own trading.

One caveat rarely spoken about is the risk of the addictiveness of trading. When you master this, you will never be the same.

And you will love it!

What you will need:

1. A reliable computer and high-speed internet connection and/or another device such as a cell phone with which to trade on. We recommend a computer although many people are now using their cell phones to execute trades.
2. A reliable trading platform. We recommend Schwab Think or Swim<sup>®</sup> and Tastytrade<sup>®</sup>. Schwab has excellent charts and indicators with reasonable commissions. Tastytrade has excellent execution speed and superior commissions at only \$1 a contract to open, \$0 to close, to a maximum of \$10 a trade. Of course, all of this is subject to change so best to confirm details with your broker.
3. A cash account is all that is needed. You will only trade what you have in your account, no need for a margin account. As you trade, remember that your trades need to 'settle' before you can trade those funds again. In other words, if you have \$3,000 in your account and earned \$200 using that \$3,000, you must wait until the next day after your trades settled before you can trade the \$3,200. A failure could result in a warning with ultimately a hold on your account for 90 days... a trader's worst nightmare. Remember too, some days when the market is open, the banks may not be. Always check to make sure the banks are open as this affects settlement dates.
4. Email address to receive our morning alerts.
5. A few minutes in the morning around 9:30 am, ET in which you can execute your trades.
6. Emotional control. The temptation will be to want to over trade or exit positions prematurely. You will need to keep watch on your fear, greed, ego, fear of missing out' (FOMO) and 'you only live once'(YOLO).
7. A nice bottle of bubbly to celebrate your milestone successes!

How you will trade  
the Q's:

Our program is simple and straightforward.

We have a unique algorithm that identifies likely direction and strength of the QQQ stock during the day. These high potential trades are based on underlying fundamentals on the component stocks, the exchange traded fund as well as a detailed analysis of the technical studies, all but ensuring success at some point during the day.

As a subscriber, you will receive an email before the opening bell as to a particular option to buy at the market open.

The email will be either a call or put with a specific strike price and expiration date. Your job will be to buy it within the first three minutes of the opening bell at 9:30 am, ET.

A third option you may receive is a 'No Trade' email. Accept this as a fail-safe means to protect your funds. A 'No Trade' day suggests an ultra-high volatility situation that could result in a severe loss. Therefore, heed our suggestion to sit it out that day.

Exceptional volatility could mean overpriced options on entry. As the volatility drops, so does the option price. Not what you want. Consider a 'no trade' recommendation to be your savior.

Check the 1-minute chart. Purchase the option when the stock pressure is going in your direction. If the alert is for calls, buy the option right away when you see the 1-minute candlestick rising.

To secure the option, place your order for a couple of cents higher than the asking price. While this sounds counterintuitive, this ensures you actually buy the option, lest the order slips by you with a quickly rising price.

As soon as you secure the option, immediately put it up for sale with a 5% gain. Do not wait to do this. The QQQ stock and its related options can move very quickly during this time of the day, and this is not a 'buy and hold' strategy.

Let the market work through its gyrations. Come back later to collect your profits.

If your sell order has not executed by the end of the day (4:00 pm, ET), sell it for the market value at that time.

How to read the morning post:

Options are coded as follows, using the Think or Swim format.

Start with the stock symbol: **QQQ**

Then enter the expiration date: **year, month, day**

**C** for Call, **P** for Put

Finish up with the strike price: **590**

**QQQ260424C590**

You can view the chart of the option price in Think or Swim by entering the code in the symbol field in the top left corner.

To do so, precede the code with a period.

Bear in mind, any indicators on a chart of the option will not be valid; indicators function only on price charts.

Temptations:

While our system works, you will be lured by the following:

1. Instead of our selection, you may opt to buy cheaper options. Some expire, for example, the same day, others are further 'out-of-the-money', meaning considerably away from the strike price.

If you deviate from our intended bespoke selections, you are on your own. You will encounter higher risk with cheaper options. Same day expiration options tend to lose value quickly when the stock turns on you, and they do not recover their value as fast. Further our strikes are of higher risk, if they do not come 'into-the-money' within your time frame. Stay with our selections.

2. Lacking patience. Our selections are designed as high potential trades that will likely come into profit at some point during the day. While they generally do so early on, they may also bear fruit later in the day.

3. You may intend to trade on 'no trade' days, even become annoyed that we did not submit an option to trade. Remember that 'no trade' days are usually because of ultra-high volatility in both the market and on the options themselves, suggesting that you could be lured into an expensive trap. Option prices are higher during these times, as well as lower volumes. The volatility squeeze occurs when volatility drops, as does the option price, and you are left with an expensive trade you have to unload. Stay on the sidelines to protect your capital on such days.

4. Deviate from your roadmap. Like driving a car, it is often the aggressor who gets into the accident. In trading, the long-term winner is he/she who stays humble, methodical and systematic in their approach. Pigs get slaughtered.

5. Not much is said about this but trading is highly addictive. Trades – good and bad – trigger dopamine. You will quickly crave this activity and will abhor weekends when trading stops. Be careful not to let this addiction ruin your life... but do enjoy it!

Subscribe:

Subscribe to the **dailyqtrader** to receive your morning option selection, delivered to your inbox at around 9 am, ET.

Go to [www.dailyqtrader.com](http://www.dailyqtrader.com) to subscribe.

Cost is \$99/month, US\$ with the first three days free.

Your credit card will not be charged until after the three days trial.

Cancel anytime.

Disclaimer:

Trading options carries a high degree of risk, including the potential loss of your entire investment or more, making it unsuitable for some investors. Always understand the risks involved and never trade more than you can afford to lose. You alone are responsible for your own trades. Past performance does not guarantee future results.